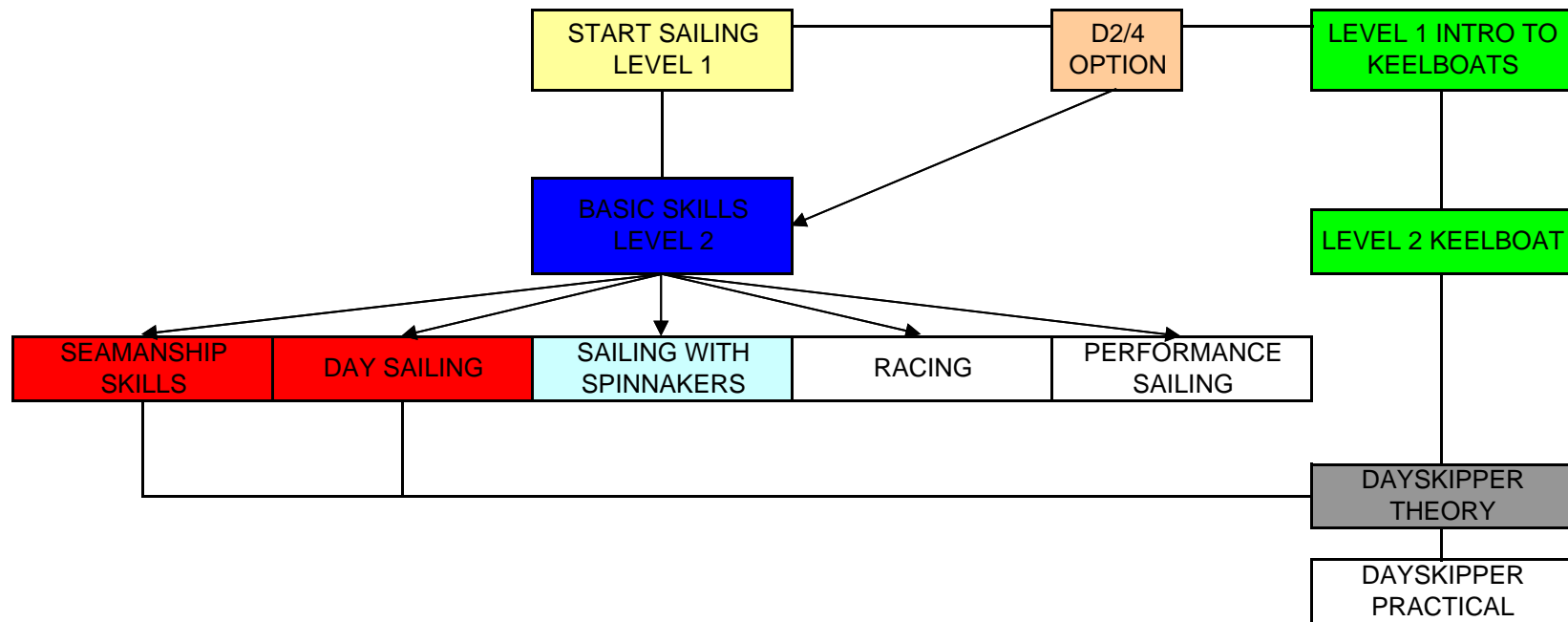


## RYA ADULT SAILING SCHEME



1. Students have the option of doing a level 1 course in two or more short sessions. They must be made aware that it is impossible to accurately predict how many they will require to achieve the standard required as each individuals rate of learning varies greatly.
2. Students can book on a basic skills course with no previous sailing experience. However we advise them to attend the start sailing course first.
3. Seamanship skills covers boat handling techniques such as picking up mooring buoys, man over board drill, anchoring, sailing without a rudder. 'Seamanship' is making the correct decision with regard to safety and handling your boat effectively in any situation as they arise.
4. Day sailing covers all the navigation skills and preparation required to plan your own short cruise safely and successfully.
5. Sailing with spinnakers looks at techniques for both the symetrical and asyemtric spinnakers. Plus we introduce Trapezing
6. Keelboat sailing intro looks at the basic techniques required to sail these boats and is equivalent to Dinghy Sailing Level 1. You can then follow directly on to Keelboat Level 2 or swap to Dinghy Level 2 or Vice Versa
7. Day skipper theory is a shorebased course intended to give students the necessary theoretical knowledge needed when navigating a yacht/keelboat on short trips.